



Skipton Football Netball Club 2025 Netball Handbook

WELCOME

Welcome back to the Skipton Football Netball Club (SFNC) for all returning players and families for season 2025! A particular welcome to our players and families who are new to the Club, we hope that your time with SFNC will be rewarding and enjoyable.

Our club vision is to support and play fun, fair, inclusive and competitive

family football and netball.

At SFNC, we love some on-field success, but it is the culture and community of our club that drives us to be highly successful off-field as well. We are proud of the community of netballers, footballers, and all the supporting volunteers and spectators that are part of our family and look forward to you joining us in our journey.

Following is some information that will assist orientate you to commencing netball at SFNC. At any stage, if you have any questions or need to clarify anything, please start with your team manager, and they can direct you to the right person.

Please Note: All players and parents of players who nominate for team selection acknowledge and agree to be a part of the development of the SFNC on and off field success culture. This involves agreeing to the expectations and terms in this player manual. There will be an ongoing focus for coaches to ensure all decisions for selections and players court time are to support what is best for the entire team and club.

Club Key Contacts

Skipton Football Netball Club Committee of Management

SFNC President	Kiernan Molloy	Skiptonfnc.president@gmail.com
SFNC Secretary	Simone Smith	Skiptonfnc.secretary@gmail.com
SFNC Treasurer	Victoria Kennedy	Skiptonfnc.treasurer@gmail.com
SFNC Welfare Officer	Angela Gowans	

Netball Committee

Netball Chair	Rosie Weatherly	Skiptonfnc.netballdirector@gmail.com
Netball Secretary	Michelle Liston	
Netball Senior Coordinator	Ella Dridan	Skiptonfnc.seniornetball@gmail.com
Netball Junior Coordinator	Gemma Molloy	Skiptonfnc.juniornetball@gmail.com
Netball Committee Members	Amy Sim, Pauline Graham, Lindy Robertson, Margot Barr	

Umpire Coordinator	Margot Barr
Uniform Coordinator	Lindy Robertson
Club Clothing Coordinator	Kim Haley

Senior Coaches/Team Managers	Junior Coaches/Team Managers
A Grade Coach: Shannon Palmer A Grade Team Manager: TBA	U17 Coach: Lauren Kinnersley U17 Assistant Coach & Team Manager: Amy Lodge
B Grade Coach: Kate Morcombe B Grade Team Manager: TBA	U15 Coach: Jo Read U15 Team Manager: Jill Bingham
C Grade Coach: Tarni Eastick & Cara Eastick C Grade Team Manager: TBA	U13A Coach: Simone King U13A Assistant Coach: Bronte Molloy U13A Team Manager: Jess Kirby
D Grade Coach: Liz Barr D Grade Team Manager: TBA	U13b Coach: Margot Barr U13A Team Manager: Michelle Ross

Game Time

At SFNC, we have a 'Participation Policy' to govern player rotation and court time. This policy is to assist the Club's coaches to develop and strengthen the skills of all our netball players. The Club's aim is to develop all players and provide a solid base of skills that will hold them in good stead for as long as they wish to play netball.

At all levels, the 'enjoyment' of the sport of netball is paramount.

At our Club, we appoint and back our coaches to make the best decisions for the team both during the season, and in finals. Attendance at training and attitude can be a factor for court time on game days and is at the discretion of the coach. During the season, there may be times where you must be rostered off for games depending on team numbers.

If you have any queries during the season regarding court time and rotation, please direct it to your coach.

Playing for Other Leagues/Association

We understand that players wish to increase the amount of netball they play and may take up a position in another team in another League. Although we do encourage players to be as active as possible, there may be times during the season/finals where games may clash across Leagues. We ask that whilst playing for SFNC, your position in your team here is given priority.

ON COURT EXPECTATIONS

Games

- All players will support one another and coaches during training and on game day. This is essential both on and off the court.
- Court time will be guided by the Participation Policy. Coaches are volunteers and make decisions they believe are best for the team. If you have concerns about this, please discuss them with your coach first, but not on game day.
- On match day, you are required to be at the court at least half an hour before the game.
- Never argue with an umpire or other official. Without these people, you cannot play netball, and you will not alter the decision.
- Recognise and acknowledge the achievement of team/individual goals.
- If you are unavailable for a game, at least a week's notice must be given to your coach (where possible).
- Promote and wear SFNC clothing to games.
- All strapping/preparation for game must be done 30 minutes before your game begins.
- Always thank/congratulate the opposing team and umpires.
- Home and Away Games are always on Saturday (finals can be Saturday or Sundays).

Times for 2025 are as follows.

Under 13b	8.40am	D Grade	12.05pm
Under 13a	9.20am	C Grade	1.05pm
Under 15	10.15am	B Grade	2.05pm
Under 17	11.10am	A Grade	3.05pm

Training

Training is an important part of player development, team bonding and commitment to your team.

- Training will begin at the allocated time each week. Please be at training 5-10 minutes before training time, ready for a prompt start.
- If you nominate for selection, you must be available for training (there will be exceptions, however these must be pre-agreed with either your coach or the Club).
- If you are unavailable for training, give your coach as much notice as possible.
- Attendance at training can be a factor on a player's court time for game days and is at the discretion of your coach.
- Training is on a Thursday. Times for 2025 are as follows:

Under 13b	5.00-6.00pm	D Grade	6.00-7.30pm
Under 13a	5.00-6.00pm	C Grade	6.00-7.30pm
Under 15	5.00-6.00pm	B Grade	6.00-7.30pm
Under 17	5.00-6.00pm	A Grade	6.00-7.30pm

Game Day – Club

- Assist with canteen duty when required – all players/families are placed on the roster at least once per season.
- All senior players and junior families (guardians or parents must do these roles) will go on the roster for scoring and time keeping during the season. You may be rostered several times. If you are unable to do your rostered turn, please find your own replacement and let your team manager know.
- Supporting one another will build team morale and contribute to the successful culture our club strives for. We encourage all netballers to support other grades on game day, by either coming earlier or staying longer.
- SFNC has a player Code of Conduct that outlines what we, as a Club, expect from our players when representing our Club. You will be required to read and sign this Code before your first game of the season (Appendix 1).

Umpires

We cannot play the game of netball without our umpires. SFNC are always on the lookout for new umpires. We will provide the appropriate training and mentoring to upskill you in this discipline. It is a rewarding part of the game and is crucial to ensure the future of netball is viable. Please see the umpire coordinator to register your interest. The younger you start your umpiring journey, the easier it becomes (age 14 is a good time to start)!

Uniforms

Skipton's netball uniform is netball dress and netball shorts (black or navy) or navy shorts and uniform red top. Socks may be black or white. The Club has a uniform coordinator who will be available at trainings prior to the commencement of the season. If you require a new uniform, please be organised and order early as the uniforms take some time to arrive. Uniforms cost between \$80-\$100 and are the responsibility of the player.

OFF COURT EXPECTATIONS

Netball Victoria Registration

Each player, coach, umpire and primary care person must be registered with Netball Victoria prior to the first game of the season (ideally once training commences as this will cover any injuries that occur whilst training). This needs to be done via the 'NetballConnect' app. Cost is approximately \$60-70 for juniors and \$80-90 for seniors.

Each player only needs to register once per calendar year, and netball competitions can be added to this registration as required (ie. if you are already registered, you only need to add Skipton as a new club to your registration). Please see your team manager if you are having difficulty.

Club Membership

Skipton FNC has various tiers of membership. Your membership must be paid prior to the first game of the season (Appendix 2).

Club Clothing

There will also be a club clothing coordinator each year who is available on training and game days inside the clubrooms. There is always a large selection of club clothing: socks, beanies, caps, scarves, training tops, hoodies, rugby tops, jackets, game day bags, tracksuit pants and much more. We encourage all players and supporters to wear some club clothing to game days.

Communication

Skipton Football Netball Club communication occurs largely through a SFNC Facebook Group ([Skipton Football Netball Club | Facebook](#)) and Instagram ([Skipton Football Netball Club \(@skiptonfnc\) • Instagram photos and videos](#)). Please join both prior to the commencement of the season. This will give you information about game days, photos from game days/training, team results, individual achievements, SFNC social events, and individual and team interviews/entertainment.



Skipton Football Netball Club ›
Private group · 885 members

Facebook Page

<https://www.facebook.com/groups/392955534104335>



Instagram Page

<https://www.instagram.com/skiptonfnc/>

Individual teams will have communication mediums to suit their team. Most teams communicate via 'Messenger' or 'Whatsapp'. Whatever your team's preference, it is your responsibility to join the team communication channel and keep up to date with all required information (game times, rostered duties, general information). Junior families are also required to join the Junior Netball Facebook Group.

If you choose to engage with social media in reference to the Skipton FNC, it is expected any reference or post will be in support and promotion of the Club

Other Expectations

- Each netball team at the Club is responsible for cooking dinner for all junior and senior players after training on a Thursday night once during the season. When it is your or your child's team's rostered week, you are expected to assist in the kitchen on the night.
- We have 8 home games for the season. Each Thursday night before a home game, your or your child's team will be rostered on cleaning of the netball rooms (home and away changerooms, umpire's changeroom, and storeroom). Please make yourself available for this one rostered night to assist.
- During the season, the Club hosts several social functions such as Junior Night, the SFNC Ball, Goods and Services Auction, Special Effort Draw. We strongly encourage you to support these events by attending. They are always fun and raise much needed funds for our club to remain financially viable.
- All spectators of netball are expected to abide by the Spectator Code of Conduct, which is attached at the end of this manual (Appendix 3).
- A season fixture for the upcoming season is attached to this handbook (Appendix 4).
- All coaches, team managers, and committee members at SFNC hold current Working With Children Checks (WWCC). If you volunteer at our Club, this is a requirement (we can walk you through how to apply for one if need be).

NETBALL COMMITTEE

The Skipton FNC has a netball committee that governs both the junior and senior netball operations at the Club. They meet once monthly. The netball committee are always on the lookout for volunteers, either on this committee and/or throughout the netball club. Please see your team manager if you think you can help!

The role of this committee is to:

- Provide transparent, comprehensive and efficient governance of the netball operations at Skipton Football Netball Club and develop policies and procedures for the benefit of all members, players, umpires, officials, and spectators.
- Promote netball opportunities, netball success and provide education to all players and coaches.
- Work in cooperation with the Skipton Football Netball Club Committee of Management, relevant league administrations, and Skipton Recreation Reserve Committee of Management.
- Oversee day-to-day running of netball operations.
- Oversee and review regularly all appointments within netball ie. Netball Chairperson, Senior and Junior Netball Coordinators, Coaches and Team Managers.
- Provide invaluable support and organisational input into the SFNC, including registration and insurance.
- Develop and distribute rosters, ensuring rostering is fair and equitable for both players in teams (specifically juniors) and duties such as umpiring scoring, scoreboard, and timing.
- Ensure that the netballing community abides by the Code of Conduct, including all players, parents, coaches, officials, and volunteer administration.
- Act as an independent body for dispute resolution/complaint management.
- Ensure the appropriate personal and skills development of our netballers, umpires, coaches, and administrators.
- Provide accurate, clear, and regular communication with its members and their families.
- To utilise various ideas, skills, and qualities from a range of club members for netball operations.
- Assist with fundraising events within the club.

APPENDIX 1

Skipton Football Netball Club's Netball Club Code of Conduct and Photo Permission Form

I agree to

- Participate in netball for fun and enjoyment.
- Respect and support my coach, team manager and those in supporting roles. This includes accepting the coaches game play, including position allocations, without questioning.
- Accept umpiring decisions without questioning.
- Never use aggressive behaviour or abusive language at any time on court, or when representing the Skipton Football Netball Club.
- Control my temper and take responsibility for all my actions.
- Attend all training and matches. If I am unable to attend training or matches, I must contact my coach prior to being absent. Do not attend with contagious symptoms (cold and flu or gastroenteritis symptoms).
- Deal with disputes using the appropriate process by addressing any grievances with the appropriate Senior/Junior Coordinator, Netball Chairperson or committee member. If you wish a grievance to be discussed at committee level, please submit it in writing to one of the committee members.
- When injured, support my team at trainings and games, demonstrating my commitment to team success.
- Help out on match day by umpiring, scoring or time keeping as rostered, as well as any rostered times in the canteen.
- Practice frequent hand washing and social distancing when appropriate.
- Not engage in practices that affect sporting performances (alcohol, tobacco and drug use). I also understand that Skipton Football Netball Club has zero tolerance to drugs and, if found guilty, this will result in expulsion from the SFNC.
- Be an upstanding role model both within and when representing the Skipton Football Netball Club.

Declaration

☐

I agree to pay Netball Victoria registration and Skipton Football Netball Club membership fees prior to the first game of the Central Highlands Football Netball League.

I agree to comply with the Club's Constitution, Netball Victoria Constitution, Netball Australia Netball Rules and the Central Highlands Netball Leagues Rules. I understand that netball is a limited contact sport and there is a risk of injury involved in playing netball. In the absence of a parent/guardian, I authorise Skipton Football Netball Club officials to administer appropriate first aid and medical assistance as deemed necessary, and all costs which may be incurred will be paid by the player/parent/guardian.

☐

I consent to the Skipton Football Netball Club and it's volunteers, namely coaches and team managers (and any person authorised by the SFNC), to copy or reproduce images of the above mentioned player (whether by photo, film or other electronic or printed media) as the SFNC may determine, without acknowledgement of myself and without my entitlement to any remuneration or compensation now or in the future. I acknowledge that the photographs are the property of the SFNC. The SFNC agree not to use any image in a manner that may be deemed adverse, or defamatory to the person signing the form. The SFNC further agrees that it will not use the image for any political or commercial gain.

I hereby agree to the terms and understand the conditions set out above.

Player Name _____

Date _____

Player Signature _____

Date _____

Parent Name (if player is under 18) _____

Date _____

Parent Signature _____

Date _____

APPENDIX 2

Parent and Spectator Code of Conduct Policy

Policy Purpose

This policy outlines the code of conduct, of which applies to all parents and spectators. All parents and spectators must meet these requirements (set out in the statement below) regarding their conduct during a game or event.

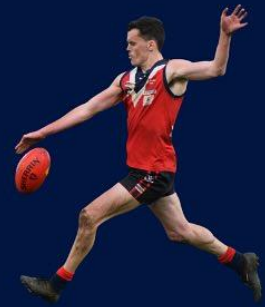
- Encourage participation. Emphasise skill development and practices and how they benefit children over winning.
- Provide a model of good sportsmanship for your child to copy.
- Demonstrate appropriate social behaviour – do not ridicule or yell at a child for making a mistake or losing a game. Provide positive comments that are motivational.
- Be courteous in your communication with players, team officials, game officials and sport administrators. Do not use foul or offensive language or make threats of any kind.
- Recognise the value of volunteer coaches and officials, they give their time and resources to provide recreational activities for the children and deserve your support.
- Let game officials conduct events without interference. If there is a disagreement, follow the appropriate and correct procedure to question the decision and teach children to do likewise.
- Stay in the designated supporter areas, please do not approach the coach or players during games or training.
- Encourage and support honest effort, skilled performance and team play with generous applause.
- Remember children play for their enjoyment, not yours. Don't let your behaviour detract from their enjoyment.
- Demonstrate respect for opposing players and their supporters. Without them, there would be no game.
- Make new players and parents feel welcome.
- Don't smoke or drink alcohol at junior sporting venues.
- Deal with disputes using the appropriate process, put any grievances in writing to the Netball Subcommittee.

Breach of Code

Junior Netball Coordinator, Senior Netball Coordinator or Netball Chairperson may deal immediately with any breaches of this code by warning offenders about their conduct and/or asking offenders to leave the venue. The Skipton Football Netball Club Netball Subcommittee is responsible for imposing any longer-term consequences such as written warnings, or barring attendance at future events for a period or indefinitely.

2025 SKIPTON FIXTURE

ROUND 1	BYE	
ROUND 2	CLUNES	HOME
ROUND 3	NEWLYN	AWAY
ROUND 4	BEAUFORT	HOME
ROUND 5	HEPBURN	AWAY
ROUND 6	BALLAN	HOME
MAY 18TH UNDER 12 LIGHTNING PREMIERSHIP		
ROUND 7	LEARMONTH	AWAY
ROUND 8	ROKEWOOD	HOME
7TH JUNE KINGS BIRTHDAY LONG WEEKEND		
ROUND 9	DUNNSTOWN	AWAY
ROUND 10	GORDON	HOME
ROUND 11	SPRINGBANK	AWAY
ROUND 12	CARNGHAM LINTON	HOME
12TH OF JULY SCHOOL HOLIDAY BYE		
ROUND 13	CRESWICK	AWAY
ROUND 14	BUNGAREE	HOME
ROUND 15	DAYLESFORD	AWAY
ROUND 16	BUNINYONG	HOME
ROUND 17	WAUBRA	AWAY



APPENDIX 4



2025 SOCIAL CALENDAR

R2	12TH APRIL	FOOD TRUCKS
R4	3RD MAY	HORSING AROUND TRIVIA NIGHT
R7	24TH MAY	ANNUAL SFNC BALL BALLARAT ROWING CLUB
R8	31ST MAY	SKIPTON'S GOT TALENT FAMILY NIGHT
R9	14TH JUNE	MYSTERY BUS TRIP

POP THESE DATES INTO YOUR CALENDAR



2025 SOCIAL CALENDAR

R10	21ST JUNE	SPONSORS DAY
SUNDAY	6TH JULY	SPECIAL EFFORT DRAW SKIPTON
R14	26TH JULY	IPOD SHUFFLE
R16	9TH AUG	GOODS AND SERVICES AUCTION
FRIDAY	19TH SEP	SENIOR BEST & FAIREST NIGHT

MORE DETAILS TO COME